



## Patient information

This information is for you as a patient with a leg, foot, or pressure ulcer which has not healed within six weeks, or as a relative of such a patient.

On behalf of the **Association for Patients with Leg, Foot, or Pressure Ulcers**, we ask you to read this information as we are certain that we can do something to help you.



### A registry focused on the patient

At least 40 000 Swedish patients suffer from hard-to-heal ulcers, but many of these do not get a proper diagnosis and structured care. This means their treatment is less than optimal and their healing time is very long: months or even years.

The longer an ulcer is inappropriately treated, the longer it takes to heal. Ulcers which have not healed within six weeks are called hard-to-heal ulcers.

**RiksSår** is a Swedish national quality registry for leg, foot, and pressure ulcers which has been used in clinical practice since 2009. It helps healthcare professionals to provide the best ulcer care for you as a patient.

RiksSår also offers **digital national decision support** for wound management, to help staff provide structured ulcer care.

- **Adequate diagnosis**
- **Optimal treatment strategies**
- **Continuity of care**
- **Follow-up to ulcer healing**

Clinical research data from registry units covering the whole country have shown significant reduction of ulcer healing time (by 64%), use of antibiotics (by 42%), and treatment costs (by 46%) as well as improved health-related quality of life for patients with hard-to-heal ulcers.

You can get help and support from the Association for Patients and Relatives:  
[www.rut-europe.eu](http://www.rut-europe.eu)

You may also find it useful to ask your nurse or doctor to register you in RiksSår, in order to help staff treat your ulcer.

There is probably more we can do to assist you. Do not hesitate to contact us via [www.rikssar.se](http://www.rikssar.se)

You can contact us via <http://www.rut-europe.eu>



Inger Jardevi



Harry Hansson

You can also read more about us and view our videos there.



Welcome to our Association for Patients with Leg, Foot, and Pressure Ulcers  
(and their relatives)